



## SEPTEMBER | CLASSES FOR CAREGIVERS SERIES

### CAREGIVER'S GUIDE TO UNDERSTANDING CARE OPTIONS

*Wednesday, September 8, 2021*

1:00 pm - 3:00 pm

Dementia care is not one size fits all. Each person, each stage, and each family is unique. Come and learn about multiple care options to plan and evaluate what is right for your family.

#### PRESENTER



**Vanessa Bishop, MSW, LICSW, CMC, C-ASWCM**

Vanessa Rosengart Bishop founded Elder Care Consultants, Inc. in 2001 as an interdisciplinary team that provides care management for the aging and disabled populations in Northern Virginia, Maryland, and Washington, DC. Her expertise in Aging Life Care Management and in the field of Social Work is constantly enhanced by active practice.

#### CLASSES FOR CAREGIVERS EDUCATION SERIES

These programs are a part of our ongoing Classes for Caregivers series, geared towards family caregivers caring for a loved one at home. All sessions are FREE, and open to the public. Classes are held the second Wednesday of each month from 1 to 3 pm.

#### LOCATION

Virtual! Attendees will be emailed directions to log-in after registering for the session.

#### RSVP

You can register online at [InsightMCC.org/events](https://InsightMCC.org/events), or click on the event calendar at the top right of any page.

#### QUESTIONS?

Please contact Lindsey Vajpeyi at [lindsey.vajpeyi@insightmcc.org](mailto:lindsey.vajpeyi@insightmcc.org) or 703-204-4664.

*mark your calendar...*

#### NEXT CAREGIVER CLASS

*How Will We Pay For Care: Financial Considerations* | October 13 @ 1:00 pm

#### MEMORY CAFE

*1st and 3rd Wednesdays of each month from 4:00 to 5:00 pm*

#### COMMUNITY SUPPORT GROUP

*Every Thursday at 2:00 pm*

#### LOOKING FOR MORE?

*Check out all of our events at [InsightMCC.org/events](https://InsightMCC.org/events)*